

MENU

SANDWICHES

all sandwiches include a choice of side: (chips, side of the day, or cup of soup). Bowl of soup or side salad available for additional charge.

 vegetarian options

COPE

Oven roasted turkey breast, apple slices, lettuce, herb mayo, with vermont cheddar cheese served on ciabatta.

11.25

FLASK

Chicken salad made with celery, walnuts, red onions, cherries, in a myo dressing topped with lettuce served on white

11.25

CASTING

Oven roasted turkey breast, mango chutney, cucumber, lettuce, with provolone served on wheat.

11.25

DRAG

Tavern ham, dill mayo, lettuce, sliced radishes, tomatoes, dijon mustard, cucumber, with provolone served on marbled rye.

11.25

SHAKEOUT

Tavern ham, hard salami, muffuletta spread, tomatoes, lettuce, banana peppers, with whole milk mozzarella cheese and provolone cheese served on a sub bun.

12.25

CUPOLA



Vermont cheddar cheese, provolone cheese and havarti cheese with honey mustard, toasted on sourdough.

11.25

STRAKE

Tavern ham, sweet jalapeno jam, lettuce with mild swiss cheese served on sourdough

11.25

RISER

London Broil roast beef, pesto, lettuce, with tomato chutney served on wheat

11.25

FLUX



Hummus, shredded carrots, cucumber, tomato, avocado with lettuce served on harvest grain

11.75

HALF SANDWICH

Includes side of choice

9.75-10.75

Bowl of Soup of Half Salad

9.75-10.75

YOU PICK TWO

Half signature Salad and Cup of Soup

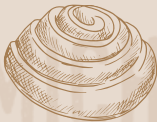
12.75

Half Sandwich and Half Signature Salad

10.75



PAIR WITH A COOKIE OR DESSERT BAR



BUILD YOUR OWN SANDWICH

Choose your bread, one meat option, one cheese, add any veggies and spreads

Adult 12.25

Kids (smaller serving of meat) 7.50

BREAD

Ciabatta
Marbled Rye
Sourdough
Wheat
White
Harvest Grain

MEAT

Chicken Salad
Ham
Roast Beef
Salami
Turkey
Bacon

CHEESE

Cheddar
Havarti
Mozzarella
Provolone
Swiss

VEGGIES

Banana Peppers
Cucumber
Lettuce
Red Onion
Sliced Radishes
Spinach
Tomatoes
Avocado | 1.25

SPREADS

Dijon Mustard
Dill Mayo
Herb Mayo
Honey Mustard
Hummus
Mango Chutney
Mayo
Muffuletta
Pesto
Sweet Jalapeno Jam
Tomato Chutney

SALADS

GATES

Romaine, tomatoes, hard-boiled eggs, turkey, ham, carrots, red onion, radishes and cheddar

12.00

RAMMERS

Romaine, chicken, tomatoes, avocado, hard-boiled egg, red onion, bacon and cheddar

13.00

STRIKES

Romaine, red onion, chickpeas, feta, tomatoes, and olives

10.50

Add Chicken

12.50

SOUPS

SOUPS OF THE DAY

Ask about our soups of the day

Cup of Soup 4.50

Bowl of Soup 5.50

BEVERAGES

COFFEE

Foundry Blend & Daily Seasonal Blend

Small 2.50

Medium 3.50

Large 4.00

Refill 2.00

FOUNTAIN DRINKS

Kids 1.25

Medium 2.00

Large 2.25

COLD BREW

Regular 3.00

Large 3.50

HOT TEA

Small 2.50

Medium 3.00

Large 3.25

ICED TEA

Regular 2.00

Large 2.50

BOTTLED JUICE

2.50