

# MENU

## SANDWICHES

all sandwiches include a choice of side: (chips, side of the day, or cup of soup). Bowl of soup or side salad available for additional charge.

 vegetarian options

### COPE

Oven roasted turkey breast, apple slices, lettuce, herb mayo, with vermont cheddar cheese served on ciabatta.

11.25

### FLASK

Chicken salad made with celery, walnuts, red onions, cherries, in a myo dressing topped with lettuce served on white

11.25

### CASTING

Oven roasted turkey breast, mango chutney, cucumber, lettuce, with provolone served on wheat.

11.25

### DRAG

Tavern ham, dill mayo, lettuce, sliced radishes, tomatoes, dijon mustard, cucumber, with provolone served on marbled rye.

11.25

### SHAKEOUT

Tavern ham, hard salami, muffuletta spread, tomatoes, lettuce, banana peppers, with whole milk mozzarella cheese and provolone cheese served on a sub bun.

12.25

### CUPOLA

Vermont cheddar cheese, provolone cheese and havarti cheese with honey mustard, toasted on sourdough.

11.25

### STRAKE

Tavern ham, sweet jalapeno jam, lettuce with mild swiss cheese served on sourdough

11.25

### RISER

London Broil roast beef, pesto, lettuce, with tomato chutney served on wheat

11.25

### FLUX

Hummus, shredded carrots, cucumber, tomato, avocado with lettuce served on harvest grain

11.75

### HALF SANDWICH

Includes side of choice

9.75-10.75

Bowl of Soup of Half Salad

9.75-10.75

### YOU PICK TWO

Half signature Salad and Cup of Soup

12.75

Half Sandwich and Half Signature Salad

10.75

PAIR WITH A COOKIE OR DESSERT BAR

## BUILD YOUR OWN SANDWICH

Choose your bread, one meat option, one cheese, add any veggies and spreads

Adult ..... 12.25  
Kids (smaller serving of meat) ..... 7.50

### BREAD

Ciabatta  
Marbled Rye  
Sourdough  
Wheat  
White  
Harvest Grain

### MEAT

Chicken Salad  
Ham  
Roast Beef  
Salami  
Turkey  
Bacon

### CHEESE

Cheddar  
Havarti  
Mozzarella  
Provolone  
Swiss

### VEGGIES

Banana Peppers  
Cucumber  
Lettuce  
Red Onion  
Sliced Radishes  
Spinach  
Tomatoes  
Avocado | 1.25

### SPREADS

Dijon Mustard  
Dill Mayo  
Herb Mayo  
Honey Mustard  
Hummus  
Mango Chutney  
Mayo  
Muffuletta  
Pesto  
Sweet Jalapeno Jam  
Tomato Chutney

## SALADS

### GATES

Romaine, tomatoes, hard-boiled eggs, turkey, ham, carrots, red onion, radishes and cheddar

12.00

### RAMMERS

Romaine, chicken, tomatoes, avocado, hard-boiled egg, red onion, bacon and cheddar

13.00

### STRIKES

Romaine, red onion, chickpeas, feta, tomatoes, and olives

10.50

Add Chicken

12.50

## SOUPS

### SOUPS OF THE DAY

Ask about our soups of the day

Cup of Soup

4.50

Bowl of Soup

5.50

## BEVERAGES

### COFFEE

Foundry Blend & Daily Seasonal Blend

Small ..... 2.50  
Medium ..... 3.50  
Large ..... 4.00  
Refill ..... 2.00

### FOUNTAIN DRINKS

Kids ..... 1.25  
Medium ..... 2.00  
Large ..... 2.25

### COLD BREW

Regular ..... 3.00  
Large ..... 3.50

### HOT TEA

Small ..... 2.50  
Medium ..... 3.00  
Large ..... 3.25

### ICED TEA

Regular ..... 2.00  
Large ..... 2.50

### BOTTLED JUICE

2.50