

# MEN

## OPEN HOURS

Tuesday-Saturday 6:30am - 4pm Serving lunch from 11am - 3pm

## SANDWICHES

#### CASTING

Honey smoked turkey breast, mango chutney, cucumber, lettuce, with provolone served on wheat .....11.25

#### COPE

Honey smoked turkey breast, apple slices, lettuce, herb mayo, with vermont cheddar cheese served on ciabatta

.....11.25

#### DRAG

Tavern ham, dill spread, lettuce, sliced radishes, tomatoes, dijon mustard, cucumber, with provolone served on marbled rye

#### STRAKE

Tavern ham, sweet jalapeno jam, lettuce, with mild swiss cheese served on sourdough

11.25

#### SHAKEOUT

Tavern ham, hard salami, muffuletta spread, tomatoes, lettuce, banana peppers, with whole milk mozzarella cheese and provolone served on a sub bun

12.25

#### FLASK

Chicken salad with celery, walnuts, onions, cherries, lettuce, with mayo dressing served on pullman white

London Broil roast beef, pesto, lettuce, with tomato chutney served on grain wheat

#### CUPOLA 🕏

Grilled vermont cheddar cheese and provolone, havarti, and honey mustard toasted on sourdough

#### BELLOWS 🕏

Pesto, roasted peppers, avocado, with lettuce served on multi grain

.10.75

#### HALF SANDWICH

Includes side of choice.... Bowl of soup or half salad...

# BUILD YOUR OWN SANDY

Choose your bread, one meat option, one cheese, add any veggies, and a spread 10.75 Kids (a smaller serving of meat)......

#### BREAD

Ciabatta Marbled Rye Sourdough Wheat White Harvest Grain

#### MEAT

Chicken Salad Ham Roast Beef Salami Turkey

#### CHEESE

Cheddar Havarti Mozzarella Provolone Swiss

#### VEGGIES

Cucumber Lettuce Mixed Greens Red Onion Roasted Peppers Sliced Radishes Spinach

## Banana Peppers

Dill Mayo Spread Herb Mayo Honey Mustard Mango Chutney Mayo Muffuletta Pesto Tomatoes Sweet Jalapeno Jam Avocado | 1.25 Tomato Chutney

Dijon Mustard

\*note: marked options will be additionally charged, prices indicated next to the option

## SALADS

Dressings: Balsamic, Greek, Italian, and Ranch

Mixed greens, tomatoes, hard-boiled eggs, turkey, ham, carrots, red onion, radishes, and cheddar

#### RAMMERS

Romaine, chicken, tomatoes, avocado, hard-boiled eggs, red onion, bacon and cheddar

.12.50

#### **STRIKES**

Romaine, red onion, chickpeas, feta, tomatoes, and olives

With chicken..... ...12.00

## SOUPS

#### SOUP OF THE DAY

Ask about our soup of the day Cup of soup..... ...5.50 Bowl of soup.....

## BEVERAGES

#### COFFEE

Foundry Blend & Daily Blend 2.50 Large..... HOT TEA

#### Small.....

2.50 Medium 3.00

#### ICED TEA

Regular..... 2.00

### BOTTLED JUICE

FOUNTAIN DRINKS

Kids	1.25
Nedium	
.arge	2.25

2.50